



THE SPA
AT
ELBOW BEACH
BERMUDA

Summer specials continue at The Spa at Elbow Beach, with more ways than ever to keep your mind and body in balance through the hot summer months.

Looking forward to welcoming you soon,
Lori Kruk, Spa Director



Customized Holistic Facial

Repair and prevent sun damage with our Customized Holistic Facial. Beginning with a facial assessment to determine your skin type, your therapist will select products from our ESPA facial range to create a facial experience tailor-made to your skin's needs. When you look in the mirror, the results will be right in front of your face.

50 Minutes – \$145* inclusive



Summer Skin Survival

Our signature Mandarin Oriental Signature Quintessence Scrub brings the body's energy flow into alignment. Ginger, mandarin and frankincense come together to realign the mind and emotions, while the sea salt and sweet almond oil work together to gently smooth and rejuvenate dry or tired skin. Completed with an Aromatic Bath, skin will feel refreshed and rehydrated.

50 Minutes – \$145* inclusive

Valid July 1 to 31, 2011



Aromatherapy Massage

Enjoy an Aromatherapy Massage using Mandarin Oriental Signature oils. This massage is a deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, whilst mentally uplifting and clearing the mind.

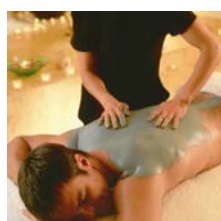
80 Minutes – \$235* inclusive



MOSST Special

Book a Mandarin Oriental Signature Spa Therapy and also enjoy use of the pool, Fitness Room and beach for the day. Each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental.

2 Hours - \$335* inclusive



Cooling Sun Saviour Wrap

A soothing, cooling and highly hydrating envelopment which combines skin brushing, a cleansing exfoliation of Honey, Lemon and Sugar and a blend of Aloe, Bermuda Honey and ESPA Pink Mud. The body is cocooned in a blanket to aid the penetration of the nourishing ingredients whilst a deep scalp massage completes the relaxation experience. To finish, a nurturing veil of Essential Moisturizing Balm is massaged all over the skin to leave it feeling velvety soft and rehydrated.

50 Minutes – \$175* plus 17% gratuity

Valid July 1 to September 30, 2011



New Spa Rewards Program

The Spa at Elbow Beach is now offering a Spa Rewards Program for Bermuda Residents. Sign up to receive your spa rewards card and start earning points. Every dollar spent at the spa is worth a point towards fabulous spa products and indulgent treatments. Just call the spa for an application!

**Cannot be combined with any other promotions, offers or vouchers.*



Join us on

The Spa at Elbow Beach
Open Daily - 9am to 6:30pm

For more information, or to make an appointment at The Spa at Elbow Beach, please call + 1 (441) 239 8900 or e-mail ebbda-spa@mohg.com.