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Wednesday, March 05, 2008

Learn how to salsa dance Sabor school to start new classes

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* Photo supplied. Looking the part: Members of the Sabor Dance School make dancing look easy and with a bit of practice, you can be just as good. The Sabor Dance School's new class schedule starts next week.

Have you always wanted to get on the dance floor and impress your friends with a few moves?

Here's your chance to prove that you haven't really got two left feet as you can look just as good as the rest of them.

Latin dance is made easy in Bermuda thanks to the expertise of instructors at the Sabor Dance School. And you've got no excuse as the school's new class schedule kicks off next week, the week beginning Monday, March 10. Classes are open to all levels, although you don't have to have had any experience at all.

You can choose from an introduction to salsa, an introduction to latin dance and the Argentine Tango on different days of the week at The Berkeley Cultural Centre (the former Berkeley School) on St. John's Road, Pembroke.

The new class schedule is:

Introduction to Latin dance - Mondays 7:15pm to 8:15pm.

Introduction to salsa - Tuesdays 6:30pm to 7:30pm.

Introduction to salsa - Wednesdays 6:00pm to 7:00pm

Argentine tango - Thursdays 6:30pm to 7:30pm.

The school's motto is "feel the flavour of Latino dance" and the instructors pride themselves on producing confident, competent and fun-loving dancers. In fact, the school and its members see themselves more like a family.

Sabor Dance School is run by Angela Hayward as part of the Bermudasala.com group, which aims to promote the island's Latin vibe platform through music, dancing, culture and entertainment.

Angela and other Sabor instructors recently put the 'celebrity' contestants of Bermuda's Dancing With The Stars through their paces. It was former premier and deputy speaker of the House of Assembly Dame Jennifer Smith who eventually won the competition on Saturday evening at the National Dance Foundation of Bermuda gala.

Special punch cards can be bought for classes, which give you a chance of winning a vacation to Puerto Rico, courtesy of Infinity Travel.

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